

## CLAIMS

1. A treadmill arrangement, which comprises a treadmill and also  
a transmitter that is arranged to be connectable to a treadmill user  
and to transmit an electromagnetic signal,  
5 at least one receiver that is arranged in connection with the treadmill to receive the signal transmitted by the transmitter,  
an apparatus for processing the signal, and  
an apparatus for generating information that is arranged to receive  
the information arriving from the signal processing apparatus and to generate  
10 therefrom the user's position data and/or control information, the transmitter  
transmitting the electromagnetic signal being a transmitter part of a heart rate  
monitor or a heart rate measuring system.
2. Arrangement as claimed in claim 1, wherein the arrangement  
further comprises two or more receivers that are disposed on two divergent  
15 sides of the treadmill or clearly apart from one another.